

Lesson Name:

A Beautiful Mistake

Student Objectives:

- Students will understand Growth Mindset.
- Students will recognize frustrations.
- Students will redirect thinking.

Educator Preparation:

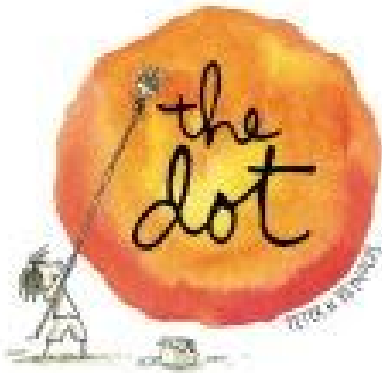
- Book *The Dot* by Peter H. Reynolds
- T-Chart paper

Introduction:

Introduce Growth Mindset and what it means.

Instruction:

Read the children's book *The Dot* by Peter H. Reynolds.



Interaction:

- Learning at home can be frustrating.
- Students will participate in creating a t-chart where they take change from a fixed mindset way of speaking to a growth mindset way of thinking.

Example:

Instead of...	Try saying...
This is too hard!	This might take me a little longer but I will get it.
I made a mistake!	Mistakes make me smarter.
I give up!	What am I missing? How can I think of this in a different way?

Closure:

- Students review the idea of Growth Mindset.
- Students understand that mistakes make us grow.

Activity:

Students write about a time that they made a mistake and how that made them better at something.