

The Happy Academy

Social and Emotional Well-Being for Educators and Students

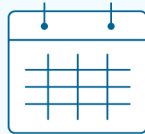
The problem is clear. 75% of teachers and 84% of school leaders report high levels of stress. 85% of teachers reported that work-life imbalance was affecting their ability to teach. 49% believe their workplace is having a negative impact on their mental health and well-being. 50% of teachers have contemplated leaving the profession.

This is why we created The Happy Academy.

There are 4 ways to experience The Happy Academy - select one, multiple, or all based on your needs.

1) The 9-Month Plan with Group Coaching Calls

Nine asynchronous monthly modules paced throughout the school year combined with monthly group coaching calls.



2) Start with a Keynote from Kim Strobel

Begin the year with a foundation of common understandings for your whole school or district.



3) Schedule a Mid-Year Wellness Keynote

Accelerate mid-year with high energy and research-based keynotes designed to help your organization refocus.



4) Integrate the Happiness Lab with Student-Centered Lessons

The full SEL curriculum is student-centered and is included with the 9-Month Plan, or it may be purchased alone.



Get Details Related to Your School or District's Needs

Call or email to get more information and

discuss how The Happy Academy can meet your specific needs.

Plans and pricing are customizable.

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