



Grades  
**k-12**

**STROBEL**  
EDUCATION

# Trauma-Informed Schools

## Reaching & Teaching Challenging Students

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**MERRILLVILLE, IN**

February 1, 2019 • Jennifer Mitchell

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February 12, 2019 • Jennifer Mitchell

**COLUMBUS, OH**

April 18, 2019 • Lauren Blake

**EVANSVILLE, IN**

February 5, 2019 • Jennifer Mitchell

**CINCINNATI, OH**

February 14, 2019 • Lauren Blake

*All workshops are held 8:00 a.m. -  
3:00 p.m. local time.*

**INDIANAPOLIS, IN**

February 7, 2019 • Jennifer Mitchell

**NASHVILLE, TN**

April 16, 2019 • Jennifer Mitchell

**Book 2 Days & SAVE!**

Register for Trauma-Informed Schools and Standards-Based Grading &  
Assessment together—and save \$29

**REGISTER TODAY!**

# Presenter



## Jennifer Mitchell

In her 17 years as an educator, Jennifer has been a special education teacher, a Title 1 director, and is now Assistant Principal at Perry Central (Indiana) Elementary School. She is passionate about education and learning and brings that passion to her sessions with teachers. An optimist by nature, she looks for the best in students and teachers alike and strives to provide the individualized guidance and support they need.



## Lauren Blake

A classroom teacher for six years, Lauren recently earned a master's degree in school counseling and now serves as a middle school counselor. In this position, she's spearheading a school-wide effort to implement trauma-informed care—and she brings this same engaging and inspiring leadership to all of her trainings.

**REGISTER TODAY FOR A FULL DAY OF LEARNING. ➔**

## What People are Saying About Jennifer and Lauren

“Lauren Blake gets it. She understands how to balance the demands of standards-based instruction with meeting the unique needs of her students. In the classroom, she incorporates trauma-informed and brain-aligned strategies to enable her students to be ready learners. Teachers will love Lauren's practical approach and will walk away from her trainings with concrete steps they can take to improve classroom culture and student learning!” — Dr. Tara Bishop, Assistant Superintendent, Perry Central Community Schools

“Jennifer is a tireless learner who stays current with the latest research on trauma and how it relates to brain development. She has a wealth of knowledge and experiences to share with you. In this session, you will learn how the brain works and pick up some strategies to help students develop the skills to be successful learners. You will walk away feeling inspired and empowered to make a difference in the lives of our most challenging students!”

— Phil Zellers, Assistant Principal, Perry Central Jr-Sr High School

[Click Here to Register ➔](#)



# An Invitation from Jennifer

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Educator Nicholas Ferroni says, “**Students who are loved at home, come to school to learn, and students who aren’t, come to school to be loved.**”

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School populations are becoming ever more diverse. **Students come to us each and every day with background experiences many educators cannot understand, relate to, or even imagine.** So, how do we balance the act of teaching with the act of loving?

Children who have experienced trauma in their pasts enter our schools just like any other student; however, these children’s brains operate and process information somewhat differently than children with non-traumatic histories.

As a special education teacher, Title 1 Director, and now assistant principal, I’ve encountered so many of these struggling students. And I’ve worried about whether I’ve given them enough during our time together. What else can I do?

Fortunately, I now understand a little more what these students need.

In addition to being an educator, I’m the biological mother of four energetic boys. And I’ve also had the good fortune to add another layer to my motherhood experience: foster mom. This has given me a unique perspective on the struggling students I’ve encountered professionally.

I’ve dealt with difficult behaviors at school, and then gone home to deal with those same behaviors as a foster parent. I have held children while they cried, and I’ve fallen victim to the balancing act of teaching and loving—and trying to determine which one should come first. I’ve been in the trenches of both sides of this battle, and I’m the first to admit, it’s not an easy one. Nor, is it a battle with an end.

These are the students we teach. The students who enter our classrooms carrying baggage we could not ever imagine. The students we are held accountable for during high-stakes testing. And there’s hope for them, for a better understanding, with resources and strategies that can help these students become successful!

We are teaching in an exciting time, with access to cutting-edge research that dives into the effects of trauma on the brain. We’ve always known we need to adapt to struggling students, reach them at a different level, and find alternative ways to overcome obstacles. And now we know we have better understanding, we know some of the “why!”

Understanding truly is the beginning. And with that understanding in place, the next step of utilizing and implementing classroom strategies will fall into place.

**So, join me for this workshop, and let’s understand together. Let’s learn together and create an environment for trauma-informed classrooms and schools—so ALL of our students can overcome obstacles and be successful.**

—Jennifer

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# Workshop Overview

## Understand Trauma—Unlock Potential

Students entering the classroom with emotional, behavioral, or mental health issues are often at a disadvantage and struggle to keep up with the demands of traditional learning. Brains affected by trauma require a different kind of instruction—and a special kind of care. The goal becomes unlocking the potential that exists within every student and developing an instructional approach that recognizes and works past the stresses, traumas, and self-imposed mentalities and behaviors that can limit learning and achievement.



## Build Resilient and Gritty Students

Teachers will leave this workshop with strategies to build resiliency and grit in even the most challenging students, ideas for encouraging positive behavior and creating effective classroom management, and a plan of action that can be immediately put in place to start increasing student motivation. Additionally, the workshop will focus on self-care habits, helping teachers to avoid adopting students' traumas as their own and ensuring that personal triggers are understood and dealt with before they lead to classroom disruptions.

**SAVE 5-10%**  
when you bring a team  
of 3 or more!

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# Learning Outcomes

This full-day workshop offers educators the opportunity to truly understand what their most vulnerable students need, how these struggling learners' brains work, and how to create a classroom environment that is sensitive to the needs of all students, regardless of background.

- The Impact of Stress and Trauma on Learning
- How to Build a Resilient Classroom
- Creating Gritty Learners
- Neuroscience and Brain-Based Learning Strategies
- How the Brain Operates—and How to Redirect It
- Dealing with Students from Traumatic Backgrounds
- Trauma in Teachers—Fighting Burnout with Self Care



*You will leave this workshop with an exclusive Digital Bundle of Resources for easy classroom implementation.*

**SPACE IS LIMITED—REGISTER TODAY! ➡**

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# Register Today



Student  
Teacher Rate:  
**Only  
\$99**

*(Must present student ID on day  
of workshop to receive reduced  
rate; cannot be combined with  
other discounts/offers.)*

## Who Should Attend?

- K-12 English-Language Arts Teachers
- K-12 Content-Area Teachers
- Literacy coaches and coordinators
- Title I teachers and directors
- ELL teachers
- Special education teachers
- K-12 gifted and talented teachers
- K-12 administrators (Principals, Assistant Principals, Curriculum Directors)
- Counselors, therapists, social workers

## Administrators attend FREE!

With paid registration of at least one staff member, ONE administrator (building principal, assistant principal, curriculum director, or superintendent) may attend workshop at no charge. (Registration is still required and substitutions are not permitted.)

**Learn to create a classroom where compassion and understanding lead to resiliency and achievement!**

**REGISTER NOW! ➡**

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## Can't make it to the workshop? Or want more training for your teachers?

Strobel Education consultants are committed to sharing practices gleaned from the most up-to-date educational research. And we are right there, in the trenches with teachers at the ground level, doing this work. We will assist your school or district in creating a customized training plan that will encourage and support your team in achieving its goals. Teachers consistently leave our trainings feeling empowered to re-enter their classrooms and inspire their students.

**More than 20 topics available—learn more and book today!**

Visit [www.strobeeducation.com/on-site-training](http://www.strobeeducation.com/on-site-training)



### Continuing Education Credit/PGP

Participants may receive credit for 6 hours of professional development for each one-day workshop. At the conclusion of the day, or after online evaluations have been completed, attendees will receive a certificate of completion which can be used to verify attendance.

### Cancellations/Substitutions

Registrants may cancel reservations up to fourteen days before the workshop for a full refund of the registration fee. Cancellations received fewer than 14 days before the event are not eligible for a refund. Registrations may be transferred with advance notice; however, free registration for school administrators is a non-transferable offer. Please email all cancellations and transfer requests to [support@strobeeducation.com](mailto:support@strobeeducation.com).

Strobel Education reserves the right to cancel workshops at their discretion in the event of low registration or other circumstances. Every effort will be made to hold workshops as scheduled, but in the unlikely event of a cancellation, registrants will be notified and receive full refunds. It is recommended that you not make non-refundable travel arrangements without contacting Strobel Education to find out if your workshop is being considered for cancellation.

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**Learn more about our inclement  
weather policy. [Click Here](#)**

To register, [click here](#) or visit [www.strobeeducation.com/workshops](http://www.strobeeducation.com/workshops)

